

Ladies Cow Riding Canada

OFFICIAL RULEBOOK & REGULATIONS

1. MEMBERSHIP & ELIGIBILITY

All contestants must be current LCRC members prior to entering any event.

- Membership fee must be paid in full
- Signed membership application is required

Contestants must:

- Be female
- Be a minimum of 13 years of age as of January 1st

Minors (under 18):

- Must have a signed parent/guardian waiver

2. SAFETY REQUIREMENTS

Mandatory Protective Gear

- Helmet (approved) required at all times while mounted
- Protective vest required

Stock Safety

- All cattle must be of appropriate size and condition
- All horned cattle must be tipped to approximately the size of a toonie

LCRC reserves the right to refuse unsafe contestants or remove unsafe animals

3. EQUIPMENT & RIDING RULES

Rope Requirements

- Rope must include a bell
- Bell must remain under the belly of the animal

Spurs

- Any spur deemed unsafe or sharp will not be allowed

Riding Style

- Riders may ride one-handed or two-handed

One-Handed Rule

- Free hand must not touch the animal or be used for balance
- Upper body contact with the animal may result in disqualification (judge's discretion)

Two-Handed Rule

- If one hand comes free, rider must continue one-handed without re-grabbing
- Upper body contact with the animal may result in disqualification (judge's discretion)

4. RIDE & TIME RULES

- Qualified ride is 8 seconds
- Time begins when the animal's front feet leave the chute

5. SCORING SYSTEM

- 100-point system: 50 rider / 50 animal
- Judged on control, style, aggressiveness, and animal performance
- Judges' decisions are final

6. SEASON POINT SYSTEM

- 1st–100, 2nd–90, 3rd–80, 4th–70, 5th–60, 6th–50, 7th–40, 8th–30, 9th–20, 10th–10
- Points accumulate through the season
- Season standings determine LCRC Season Champion

7. STOCK DRAW

- Random draw prior to each performance
- Re-draws only for injury/unsuitability at judges' discretion

8. TURN OUTS & ENTRY POLICY

- 24-hour notice required
- Failure = entry fee due before next rodeo
- Medical exceptions require doctor's note
- First come, first served; entry fee due upon entry

9. DRESS CODE (WESTERN STANDARD)

- Long sleeve shirt with collar and cuffs
- Jeans, cowboy boots, cowboy hat (helmet while riding)

10. CONDUCT & SPORTSMANSHIP

- Respect officials and committees; professional conduct required
- No arguing, abuse, or unsportsmanlike behavior
- Violations may result in disqualification, fines, or suspension

11. DISQUALIFICATIONS

- Failure to complete ride
- Improper contact or free-hand use
- Missing safety gear
- Unsafe/illegal equipment
- Interference or chute rule violations

12. RE-RIDES

- Offered for non-performing animal or equipment failure (not rider-caused)
- Judges decide; immediate accept/decline required

13. LIABILITY & ASSOCIATION AUTHORITY

- All contestants compete at their own risk
- LCRC does not provide insurance coverage
- Signed waivers are mandatory
- LCRC may interpret/enforce rules; all rulings are final

INSURANCE & RISK AWARENESS

LCRC does **NOT** provide accident or medical insurance coverage for contestants. All riders participate entirely at their own risk.

It is strongly recommended that all competitors carry personal coverage that includes rodeo-related injuries.

Recommended Coverage: Cowboy Coverage

- Accident coverage tailored for rodeo and high-risk activities
- Covers injuries on and off the arena
- Helps with medical costs, recovery time, and lost income
- Affordable monthly options available

Rodeo is a high-risk sport. Protect yourself, your family, and your future by ensuring you have adequate coverage in place before competing.